

Common questions

Do I have coverage for emergencies?

YES! If you go to the emergency room, you pay the emergency room copay.

What if I need emergency surgery?

If you need emergency surgery and/or need to be admitted to the hospital, the emergency room copay is waived, and you will be responsible for the inpatient hospital emergency admit copay.

What's included in a copay?

Copays are specific dollar amounts you pay for using routine services, like a doctor's visit. The copay for an office visit includes standard labs and X-rays. A surgery copay includes surgeon, anesthesiologist, and facility fees.

Do I have coverage during international travel?

You have emergency medical coverage outside the United States, as well as limited access to virtual services. Any emergency care received overseas is a cost to you, and you'll need to submit a claim for reimbursement upon returning to the U.S.

What's covered under the Surest plan?

With the Surest plan, you get what you'd expect from a health plan, only with price visibility to check and compare costs and options. Plus, lower costs are an indication of higher-value care.

How does the Surest plan work?

For office visits and many procedures—from having an MRI to having a baby—you see one price. By grouping these services together—combining the labs and X-rays that go along with a medical procedure or test into one price—we're trying to make it easier for our members to know what they'll pay in advance.

Does Surest cover dental and vision?

When there is an underlying medical condition, dental and vision are covered. For routine care, services are offered through a separate plan. Reach out to your benefits team for more information.

Is there an out-of-pocket limit? What applies?

Yes. There is an out-of-pocket limit, or the most money you'll pay in a given year for health care benefits your plan covers. Visit [Surest.care/T-Mobile](https://surest.care/T-Mobile) or your benefit site for details. All copays count toward the out-of-pocket limit, from office visits to surgery. Paycheck deductions (premiums) and most out-of-network expenses don't count toward in-network out-of-pocket limits.

Is my doctor in-network?

Your network is a group of hospitals, doctors, labs, specialists, and pharmacists who have a partnership (and contract) with your health insurance company to be part of your plan. Your doctor is likely in-network—we access the national UnitedHealthcare Choice Plus[®] and Optum Behavioral Health networks—but you should confirm at [Surest.care/T-mobile](https://surest.care/T-mobile).

What should I do if my doctor doesn't recognize Surest?

Not all network providers know our plan by name, so it can be helpful to share the following: We access the national UnitedHealthcare and Optum Behavioral Health networks. Plus, your Surest ID card has all the information your doctor needs.

Can I speak with someone live for specific questions about the Surest plan?

Yes. You can schedule a 15-minute call with a Surest expert to get help finding copays for office visits, treatments, or medications, ask about coverage, and more. Set up a consultation [here](#).

Where can I go to check costs and coverage? Prospective members can look up costs and coverage on [Surest.care/T-mobile](https://surest.care/T-mobile) or schedule a 15-minute consultation with a Surest expert at [this link](#).

The logo for Surest, featuring the word "surest" in a bold, lowercase, sans-serif font. The "s" and "e" are a darker shade of blue, while the "u", "r", "e", and "t" are a lighter shade of blue.

* Network varies in some states. See [Surest.care/T-mobile](https://surest.care/T-mobile) or your plan details for information.

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