



Livongo for Diabetes: New Health Benefit at No Cost that Makes Living with Diabetes Easier

Who can join:

The program is offered at no cost to employees and covered dependents with diabetes who are enrolled in T-Mobile's HRA, HSA or EPO plan.

What you get:

- **Connected Meter:** Automatically uploads your blood glucose readings to your secure online account and provides real-time personalized tips.
- **Support from Coaches When You Need It:** Communicate with a coach anytime about diabetes questions on nutrition or lifestyle changes.
- **Unlimited Strips at No Cost to You:** When you are about to run out, we ship more supplies, right to your door.

Enroll today: join.livongo.com/T-MOBILE/now